**Mental Health Cases in the PSHS System**

**Annex A – Root Cause Analysis**

**Campus: WESTERN VISAYAS**

**School Year: 2017-2018**

**Total number of students enrolled at the start of the school year per grade level:**

**Grade 7: 90 Grade 10: 90**

**Grade 8: 90 Grade 11: 90**

**Grade 9: 90 Grade 12: 87**

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| **Complete Name of Student\***  **(LAST NAME, First Name)** | **Grade Level** | **Sex** | **Scholarship Categorization Points (see Annex B)** | **Nature of the Problem Reported**  **(see Annex C, indicating all that apply)** | **Date Reported or Observed** | **Action Taken** | **Were there red flags or symptoms displayed (Y/N)** | **Were the red flags (if any) captured or reported by the teachers or guidance counsellors, before any action was taken? (Y/N)** | **Action Taken** | **Probable Cause of the Problem** | **Possible Solution** | **Remarks** |
| 1. **Jerick Adrian Mosquete** 2. **John Vincent Maroma** 3. **Janus Nathaniel Casbadillo** 4. **Justin Uygongco** 5. **Obek Yusek Macavinta** 6. **Christian Jave Julleza** 7. **Vincent Jon Marfil** 8. **Daniel Limoso** 9. **Christian Alarcon** 10. **James Earl Setias** 11. **Abraham Sahi** 12. **Paul Christian Que** 13. **Oliver Ladores** 14. **Kian Montalban** 15. **Ralph Planta** 16. **Louie Filomeno** 17. **Vincent Tabalanza** 18. **Sealthiel Malones** 19. **Gabriel Uy** 20. **Christian Dave Juayong** 21. **C-Sar Mart Aguirre** 22. **Justin Tan** 23. **Kheynith Denosta** 24. **Miles Candelario** 25. **Daryll Abiog** 26. **Karl Dennis Duenas** 27. **Juan Carlos Tesoro** 28. **Mikko Legurpa** 29. **Joshua Golingay** 30. **Gian Carriedo** 31. **Jon Andrey Selera** 32. **Luis Vince Hilario** 33. **Jon Rian Tan** 34. **Cyrus Barrera** 35. **Wayne Rocg Samaniego** 36. **Niko Immanuel Golo** 37. **Eugene Imbang** 38. **Jose Gabriel Javellana** 39. **Elcid Villegas** 40. **John Mark Villanueva** 41. **Kian Oreta** 42. **LJ Macadangdang** 43. **Lyle Geraldez** 44. **John Mark Ticar** 45. **Rex Bayer** 46. **Philip Sabinay** 47. **Jehiel Lyre Malan** 48. **Dominic Redaniel** 49. **Leandro Martin Acla** 50. **Joachim Regalado** | **7**  **7**  **7**  **7**  **7**  **7**  **7**  **7**  **7**  **8**  **8**  **8**  **8**  **8**  **8**  **8**  **8**  **8**  **8**  **9**  **9**  **9**  **9**  **9**  **9**  **9**  **9**  **10**  **10**  **10**  **10**  **10**  **10**  **10**  **10**  **10**  **11**  **11**  **11**  **11**  **11**  **11**  **11**  **11**  **12**  **12**  **12**  **10**  **8**  **12** | **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M**  **M** | **Partial 3**  **Partial 2**  **Partial 3**  **Partial 3**  **Partial 2**  **Partial 2**  **Partial 3**  **Limoso**  **Full**  **Partial 1**  **Partial 3**  **Partial 3**  **Full**  **Partial 3**  **Partial 1**  **Full**  **Full**  **Partial 3**  **Partial 3**  **Partial 2**  **Partial 2**  **Partial 3**  **Full**  **Partial 2**  **Partial 1**  **Partial 1**  **Full**  **Full**  **Partial 1**  **Partial 2**  **Full**  **Partial 3**  **Partial 1**  **Partial 1**  **Partial 3**  **Partial 1**  **Partial 3**  **Partial 1**  **Partial 3**  **Partial 2**  **Partial 2**  **Partial 3**  **Full**  **Partial 2**  **Partial 2**  **Partial 3**  **Partial 1**  **Partial 3**  **Partial 3** | **3**  **3**  **3**  **3**  **3**  **3**  **3**  **3**  **3**  **3**  **3**  **3**  **3**  **3**  **3**  **3**  **3**  **3**  **9**  **1,9**  **8,11**  **9**  **3**  **3**  **3**  **3**  **3**  **3**  **3**  **3**  **3**  **3**  **3**  **3**  **3**  **5,11**  **3,9**  **9,10**  **6,9**  **5,8, 11**  **3**  **3**  **3**  **3**  **4**  **3**  **3**  **3,4**  **4**  **2,4** | **11/21/17**  **11/21/17**  **11/21/17**  **11/29/17**  **12/1/17**  **12/5/17**  **12/8/17**  **1/9/18**  **1/9/18**  **1/7/18**  **1/21/17**  **1/21/17**  **1/22/17**  **1/23/17**  **1/23/17**  **12/1/17**  **2/7/18**  **2/7/18**  **2/7/18**  **11/21/17**  **1/7/18**  **9/15/17**  **11/21/17**  **11/21/17**  **4/16/2018**  **5/18/18**  **5/17/18**  **11/29/17**  **11/29/17**  **11/29/17**  **11/29/17**  **11/29/17**  **2/27/18**  **3/6/18**  **11/28/2017**  **10/26/17**  **8/7/2017**  **7/13/2017**  **7/18/17**  **9/19/2017**  **12/11/17**  **1/12/17**  **1/12/17**  **4/16/18**  **12/5/17**  **12/11/17**  **1/23/18**  **2/20/18**  **2/28/18**  **11/11/17** | **COUNSELING**  **COIUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **REFER TO PSYCH**  **REFER TO PSYCHIATRIST**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COIUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **COUNSELING**  **REFER TO PSYCHIATRIST**  **REFER TO PSYCHOLOGIST**  **REFER TO PSYCHIATRIST**  **REF. 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The student was still on the process of adjustment.**  **Counseling is done. Like any other grade 7 student is on the process of adjustment. But, he’s very cooperative.**  **Counseling is done.**  **We had few sessions and actually he just went into the office and ask for help.**  **Counseling is done.**  **Counseling is done. But I had also a separate talks with his mother and adviser.**  **Counseling is done.**  **Counseling done but I had conference with guardian and adviser.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Counseling, facilitate psychological assessment**  **Referred to psychiatrist, follow up and conference with adviser and parents.**  **Few counseling sessions, conference with mother and adviser.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done and conference with the adviser.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done and conference with the mother.**  **Counseling is done.**  **Counseling is done.**  **Referred to psychiatrist, conference with the mother and follow up counseling.**  **Facilitate psychological assessment, counseling and conference with mother and adviser.**  **Referred to Psychiatrist, follow up counseling and conference with the father.**  **Referred to psychiatrist, follow up, conference with adviser and guardian.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Referred to psychiatrist, follow up counseling, conference with father and adviser.**  **Counseling s done.**  **Leave of absence and taken care by family.**  **Family disclosed to the office he’s undergoing psych-medical treatment.**  **Disclosed his psych-medical condition but didn’t supply us doctor’s certificate.** |
| 1. **Beatriz Archangeles** 2. **J LAH Sargado** 3. **Rein Margarett Sarmiento** 4. **Maulyn Dominguez** 5. **Jozil Donne Cerna** 6. **Princess Jasmine Augustino** 7. **Lara Chua** 8. **Fritz Fernandez** 9. **Reanna Guanzon** 10. **Nicole Hermione Palma** 11. **Christian Mark Celis** 12. **Lei Jo Presaldo** 13. **Sofia Soliel Haresco** 14. **Ma. Gloria Ordiales** 15. **Riegelle Jianne Williams** 16. **Arriane Kirsten Villaruel** 17. **Naomi Ingeniero** 18. **Ilaya Nograles** 19. **Irahnessa Sy** 20. **Rikka Sombiro** 21. **Rohanne del Castillo** 22. **Mary Therese Holipas** 23. **Kathleen Marie AlIgaen** 24. **Zinnia Dyne Tapanga** 25. **Helean de Castro** 26. **Eunica Gubaton** 27. **Win Mar Gonzaludo** 28. **Nhormainie Paciente** 29. **Eve Micah Montefrio** 30. **Polina Espino** 31. **Franxen Angela Dordas** 32. **Johanna Gavan** 33. **Ashley Calderon** 34. **Kyle Lustica** 35. **Dea Punsalan** 36. **Elaine Geroche** 37. **Donna dela Cruz** 38. **Mary Jane Tang** 39. **Treasure Babe Horlador** 40. **Kimberly Tukasim** 41. **Yrma Angelee Tiron** 42. **Samantha Laureen Alvarez** 43. **Lanel Rose Cordova** 44. **Kyla Depakakibo** 45. **Zsanelle Serilo** 46. **Michelle Gervero** 47. **Honeylyn Francisco** 48. **Tiffany Rose Montinola** 49. **Sophia Buenaobra** 50. **Novie Dorado** 51. **Suzielette Veve Hilay** | **7**  **7**  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**Counseling**  **Psychiatric diagnosis**  **Psychiatric diagnosis**  **Consultation**  **Counseling**  **Counseling**  **Psychiatric Diagnosis**  **Psychiatric Diagnosis**  **Psychiatric Diagnosis**  **Referred**  **Counseling**  **Counseling**  **Counseling**  **Psychiatric Diagnosis**  **Consultation**  **Consultation**  **Consultation** | **Y**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-** | **Y**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-** | **INTERVENTION**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-**  **-** 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**High risk/suicidal thoughts**  **Personal and social**  **Personal, academic and family**  **Personal and academics**  **Generalized anxiety disorder**  **Unmotivated and hopeless**  **Family issues, stress from school work**  **Identity crisis, personal, academics and family**  **Personal, academics and social**  **Mild depression**  **Schizoaffective and anxiety**  **Major depressive disorder; Anorexia Nervosa**  **Tired academically, emotionally drained and anxiety**  **Academics and attitude**  **Academics/tired**  **Academics/tired**  **Bipolar depression**  **Avoidant personality traits, felt she is drained**  **Bereavement due to father’s death and behavior of her classmates**  **Stress and relationship, difficulty in social skills, mother is to strict and protective** | **Follow up**  **Follow up**  **Guidance**  **Guidance**  **Follow up and guidance**  **Guidance**  **Guidance**  **Guidance**  **Guidance**  **Guidance**  **Guidance**  **Guidance**  **Guidance**  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**Counseling is done.**  **Few times called and had counseling, calling the attention of parents and conference with discipline office and adviser.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **She had sessions with the psychiatrist, conference with mother and teacher. While in school she’s monitored.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done**  **Counseling is done.**  **Recommended to seek help from tutor or subject teacher and submit all the requirements.**  **Recommended to seek help from tutor or subject teacher and submit all the requirements.**  **Recommended to seek help from tutor or subject teacher and submit all the requirements.**  **Recommended to seek help from tutor or subject teacher and submit all the requirements.**  **Recommended to seek help from tutor or subject teacher and submit all the requirements.**  **Recommended to seek help from tutor or subject teacher and submit all the requirements.**  **Counseling is done.**  **She’s catching her breathe every time she feels pressure and felt nervous when there’s an immediate changes of situation.**  **Counseling is done.**  **Dr Balderrama had already call ed the parents and referred to psychiatrist for therapy.**  **Diagnosed by Dr Balderrama and the parent was already informed.**  **Diagnosed by Dr Balderrama and the mother was called and advised to continue psychotherapy with therapist.**  **At an early age she was diagnosed with autism and usually referred to guidance for academic and social adjustments.**  **Monitoring is going and counseling sessions because she’s oftentimes mentioned during the scholarship meeting for having an awkward attitude towards her fellow students and teachers.**  **Counseling is done.**  **Diagnosed by Dr Balderrama recommended for treatment/therapy and continue consultation and follow up by the guidance counselor.**  **Recommended for therapy/treatment.**  **Living with her mother and had difficulty communicating with her, not so close, father died when she was on grade 3. Sometimes cried because of requirements.**  **Consultation and conference with adviser and parents.**  **Consultation, counseling, conference with adviser, discipline officer and parents.**  **Diagnosed by Dr Balderrama**  **Diagnosed by Dr Balderrama and recommended for MRI**  **Diagnosed by Dr. Balderrama and recommended for therapy**  **Referred to psychiatrist for therapy, conference with adviser and parents.**  **Counseling is done.**  **Counseling is done.**  **Counseling is done.**  **She underwent medications and therapy when she was in Grade 10.**  **Diagnosed by Dr Balderrama and recommended to continue her therapy.**  **Interviewed and evaluated by Dr Balderrama and recommended to improve her social skills.**  **Interviewed and examined by Dr Balderrama and recommended her experiences to be processed.**  **Interviewed and examined by Dr. Balderrama** |

\*Student information will be dealt with utmost confidentiality in line with Data Privacy guidelines. Only aggregate data generated will be presented in the report to the BOT.

**Other Remarks, if any:**

**The list of scholars above are those who went into the guidance center as referred by their teachers, advisers, scholarship council, discipline officer, outside experts, friends and parents. Nevertheless, there were students also who did not come for counseling and intervention after issuing the call slips through their respective advisers. The students who received the call slips after following them up but still did not come.**

**The psychological and clinical cases mentioned above were those who disclosed to us with corresponding evidence or certificates coming from their respective medical doctors and mental health professionals. We have the feeling that there were still students suffering for mental health issues chose not to reveal and ask for help. The cases of suicidal ideation, intent and attempts are just alarming. The numbers were rising despite of the collaborative effort we exert as an institution and with the help of outside mental health experts. Usually they are the students who complained as being drained, tired and exhausted due to academic related work, especially research subject for the senior years. Furthermore, there is this occurring and reoccurring action by teachers despite of administrative order and moratorium that should be no quiz, long quizzes and other activities a week prior to quarter exams. Nevertheless, it has no avail, and they are complaining and helpless by themselves since they have to take it without exception. Guidance office became their place where they can pour out their frustrations and angst.**

**Interesting patterns of the kind of behavior displayed by our scholars, strength of emotion and coping mechanism has something to do with the kind of home environment they have. It is not an absolute observation but a big factor. Usually our problematic scholars behaviorally and prone to depression has home factor. Broken families, death of loved ones, too strict parents, having high expectations, poor family bonding and communication dynamics. Now they entered a school where academic pressure is unavoidable. Though, they may have a very high mental ability but still poor in managing their emotions and social life.**

**Unique to Pisay community are the kind of students we are dealing with. Our training as guidance counselors actually are limited. It has nothing to do with clinical issues. It is beyond our professional work and ethics. Yet, a lot of cases are clinically related. Although referral to another expert is the immediate remedy. I think we need further training, a specialized training more than the regular registered counselor’s competencies and skills. We are dealing with specialized population and therefore we need further specialized training. Especially at least initial and foundational skills and competencies in handling clinical cases.**

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Prepared by:

**DARREL G. LEDESMA** M.Ed., RGC

Guidance Services Associate I

Date: July 11, 2018

**Annex C**

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| **Number code** | **Indications / Types of Behaviour Observed** |
| 1 | Autism/ Autism Spectrum Disorder |
| 2 | ADHD/ Hyper Activity |
| 3 | Demotivation/ non submission of requirements/ Unsatisfactory Grade/ Loss of Interest/ Poor Acad. Performance/ Absenteesim |
| 4 | Emotional Anxiety/ Stress/ Depression/ Bipolar Disorder |
| 5 | Suicidal Ideation/ Tendency |
| 6 | Aggressive Behaviour/ Unmanageable Tantrums/ Bullying |
| 7 | Hallucination/ Delusion |
| 8 | Self-hurt/ Self-Inflicted Injury or Harm |
| 9 | Interpersonal Relationship Problem/ Emotional Sensitivity/ Emotional Imbalance/ Maladjustment to life in PSHS, Social Behavioural Problems (Withdrawal)/ Isolation |
| 10 | Misconduct |
| 11 | Major Depressive Disorder with Psychotic Features/ Dysthymia (with attempted Suicide) |
|  | Other indications not listed above (Please specify, and add lines as needed):  12. |
|  | 13. |
|  | 14. |
|  | 15. |
|  | 16. |